AUTUMN/WINTER 2023/24

WEEK 1

WEEK COMMENCING

February 12, March 4, March 25





MONDAY

TUESDAY

WEDNESDAY)

THURSDAY

FRIDAY



Margherita pizza Gluten Milk Soya pommes noisette Milk vegetable sticks



Spaghetti Bolognese Gluten Fish OR VEGETARIAN OPTION Meatfree Bolognese

garlic bread Gluten Milk Soya crunchy vegetables



Southern style Quorn burger in a bun Gluten Egg Milk Sesame

jacket wedges carrot sticks & ranch salad Egg



Roast turkey & stuffing Gluten

OR VEGETARIAN OPTION
Roast Quorn Milk Egg
gravy
roast OR mashed potatoes
cabbage & carrots



MSC fish cake Gluten Fish

garden peas & crunchy veg, tomato ketchup

OR



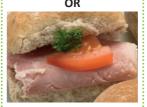
Cheese & tomato panini Gluten Milk Sesame vegetable sticks



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad



Jacket potatoes with cheese Milk, beans or tuna mayonnaise Egg Fish & mixed salad



Fresh bread roll Gluten Sesame with hot roast turkey & stuffing Gluten, cheese Milk, ham or tuna mayonnaise Egg Fish roast potatoes, carrot & cucumber sticks



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad

DESSERT



Mixed berry mousse Milk & apple wedge

OR Fruit

DESSERT



Cornflake tart
Gluten Sulphur Dioxide
& custard Milk

OR Fruit

DESSERT



Fruit flapjack Gluten

OR Fruit

DESSERT



Cheese & crackers
Gluten Milk

OR Fruit

DESSERT



Apple muffin Gluten Egg

OR Fruit

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals



AUTUMN/WINTER 2023/24

WEEK 2

WEEK COMMENCING

January 29, February 19, March 11, April 1







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers Gluten roast baby potatoes sweetcorn cucumber sticks



Nottinghamshire sausages Gluten Sulphur Dioxide

OR VEGETARIAN OPTION

Plant based sausage
Soya Sulphur Dioxide
gravy, Yorkshire pudding Milk
Egg Gluten mashed potato
broccoli & carrots

OR



Cheesy tomato pasta

garlic bread Gluten Milk Soya carrot & cucumber sticks



Roast pork, stuffing & gravy

OR VEGETARIAN OPTION

Roast Quorn Milk Egg Yorkshire pudding

roast OR mashed potato cabbage & fresh carrots



MSC fish finger wrap

OR VEGETARIAN OPTION

Fishless fingers wrap Gluten
Pommes noisette Milk
crunchy veg & sweetcorn

OF

tomato ketchup



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad



Cheese & tomato panini Gluten Milk Sesame vegetable sticks



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad



Fresh bread roll Gluten Sesame with hot roast pork & stuffing Gluten, cheese Milk, ham or tuna mayonnaise Egg Fish, roast potatoes & carrot sticks



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad

DESSERT



Chocolate sponge Egg Gluten & chocolate sauce Milk

OR Fruit

DESSERT



Jelly & fruit

OR Fruit

DESSERT



Bakewell tart
Egg Gluten Sulphur Dioxide
& custard Milk

OR Fruit

DESSERT



Honey & oatmeal cookie

OR Fruit

DESSERT



Strawberry ice-cream tub

OR Fruit

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals



AUTUMN/WINTER 2023/24

WEEK (3)

WEEK COMMENCING

February 5, February 26, March 18, April 8





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegan roll & gravy Gluten baby roast potatoes garden peas fresh carrots



Meatballs in tomato sauce Gluten Egg OR VEGETRIAN OPTION Vegan balls in tomato

pitta bread Milk Gluten Soya Tilda rice & crunchy veg



Pasta Neapolitan Milk Gluten garlic bread Milk Gluten Soya sweetcorn cobette



Roast Gammon & gravy
OR VEGETARIAN OPTION
Roast Quorn Milk Egg

Yorkshire pudding Milk Egg Gluten

roast OR mashed potatoes carrots & broccoli



MSC breaded fish portion

OR VEGETARIAN OPTION Fishless finger Gluten

oven chips garden peas & sweetcorn tomato ketchup

OR



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad

OR



Cheese & tomato panini Gluten Milk Sesame vegetable sticks

OR



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad

OR



Fresh bread roll Gluten Sesame with hot roast gammon, cheese Milk, ham or tuna mayonnaise Egg Fish roast potatoes & carrot sticks

OR



Jacket potato with cheese Milk, baked beans or tuna mayonnaise Egg Fish & mixed salad

DESSERT



Chocolate brownie Gluten

OR Fruit

DESSERT



Fruit yoghurt Milk

OR Fruit

DESSERT



Honey cake Milk Egg Gluten & custard Milk

OR Fruit

DESSERT



Fruit cookie Gluten

OR Fruit

DESSERT



Butterscotch tart

OR Fruit

AVAILABLE DAILY: Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals

