

**AUTUMN/WINTER  
2023/24**

**WEEK 1**

**WEEK COMMENCING**

**February 12, March 4,  
March 25**



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Margherita pizza  
Gluten Milk Soya  
pommes noisette Milk  
vegetable sticks



Spaghetti Bolognese  
Gluten Fish  
**OR VEGETARIAN OPTION**  
Meatfree Bolognese  
Gluten Soya  
garlic bread Gluten Milk Soya  
crunchy vegetables



Southern style Quorn  
burger in a bun Gluten Egg  
Milk Sesame  
jacket wedges  
carrot sticks  
& ranch salad Egg



Roast turkey & stuffing  
Gluten  
**OR VEGETARIAN OPTION**  
Roast Quorn Milk Egg  
gravy  
roast OR mashed potatoes  
cabbage & carrots



MSC fish cake Gluten Fish  
**OR VEGETARIAN OPTION**  
Fishless fingers Gluten  
diced potatoes  
garden peas & crunchy  
veg, tomato ketchup

**OR**



Cheese & tomato panini  
Gluten Milk Sesame  
vegetable sticks

**OR**



Jacket potato with  
cheese Milk, baked beans  
or tuna mayonnaise Egg Fish  
& mixed salad

**OR**



Jacket potatoes with  
cheese Milk, beans or  
tuna mayonnaise Egg Fish  
& mixed salad

**OR**



Fresh bread roll Gluten Sesame  
with hot roast turkey &  
stuffing Gluten, cheese Milk,  
ham or tuna mayonnaise  
Egg Fish roast potatoes,  
carrot & cucumber sticks

**OR**



Jacket potato with  
cheese Milk, baked beans  
or tuna mayonnaise Egg Fish  
& mixed salad

**DESSERT**



Mixed berry mousse Milk  
& apple wedge

**DESSERT**



Cornflake tart  
Gluten Sulphur Dioxide  
& custard Milk

**DESSERT**



Fruit flapjack Gluten

**DESSERT**



Cheese & crackers  
Gluten Milk

**DESSERT**



Apple muffin  
Gluten Egg

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)



**AUTUMN/WINTER  
2023/24**

**WEEK 2**

**WEEK COMMENCING**

**January 29, February 19,  
March 11, April 1**



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Quorn dippers **Gluten**  
roast baby potatoes  
sweetcorn  
cucumber sticks



Nottinghamshire sausages  
**Gluten Sulphur Dioxide**  
**OR VEGETARIAN OPTION**  
Plant based sausage  
**Soya Sulphur Dioxide**  
gravy, Yorkshire pudding **Milk**  
**Egg Gluten** mashed potato  
broccoli & carrots



Cheesy tomato pasta  
**Gluten Milk**  
garlic bread **Gluten Milk Soya**  
carrot & cucumber sticks



Roast pork, stuffing & gravy  
**Gluten**  
**OR VEGETARIAN OPTION**  
Roast Quorn **Milk Egg**  
Yorkshire pudding  
**Milk Egg Gluten**  
roast OR mashed potato  
cabbage & fresh carrots



MSC fish finger wrap  
**Gluten Fish**  
**OR VEGETARIAN OPTION**  
Fishless fingers wrap **Gluten**  
Pommes noisette **Milk**  
crunchy veg & sweetcorn  
tomato ketchup

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**OR**



Cheese & tomato panini  
**Gluten Milk Sesame**  
vegetable sticks

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**OR**



Fresh bread roll **Gluten Sesame**  
with hot roast pork &  
stuffing **Gluten**, cheese **Milk**,  
ham or tuna mayonnaise  
**Egg Fish**, roast potatoes  
& carrot sticks

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**DESSERT**



Chocolate sponge **Egg Gluten**  
& chocolate sauce **Milk**

**DESSERT**



Jelly & fruit

**DESSERT**



Bakewell tart  
**Egg Gluten Sulphur Dioxide**  
& custard **Milk**

**DESSERT**



Honey & oatmeal cookie  
**Gluten**

**DESSERT**



Strawberry ice-cream tub  
**Milk**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

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**AUTUMN/WINTER  
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**WEEK 3**

**WEEK COMMENCING**

February 5, February 26,  
March 18, April 8



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Vegan roll & gravy **Gluten**  
baby roast potatoes  
garden peas  
fresh carrots



Meatballs in tomato sauce  
**Gluten Egg**  
**OR VEGETARIAN OPTION**  
Vegan balls in tomato  
sauce **Soya**  
pitta bread **Milk Gluten Soya**  
Tilda rice & crunchy veg



Pasta Neapolitan **Milk Gluten**  
garlic bread **Milk Gluten Soya**  
sweetcorn cobette



Roast Gammon & gravy  
**OR VEGETARIAN OPTION**  
Roast Quorn **Milk Egg**  
Yorkshire pudding  
**Milk Egg Gluten**  
roast OR mashed potatoes  
carrots & broccoli



MSC breaded fish portion  
**Gluten Fish**  
**OR VEGETARIAN OPTION**  
Fishless finger **Gluten**  
oven chips  
garden peas & sweetcorn  
tomato ketchup

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**OR**



Cheese & tomato panini  
**Gluten Milk Sesame**  
vegetable sticks

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**OR**



Fresh bread roll **Gluten Sesame**  
with hot roast gammon,  
cheese **Milk**, ham or  
tuna mayonnaise **Egg Fish**  
roast potatoes  
& carrot sticks

**OR**



Jacket potato with  
cheese **Milk**, baked beans  
or tuna mayonnaise **Egg Fish**  
& mixed salad

**DESSERT**



Chocolate brownie **Gluten**

**DESSERT**



Fruit yoghurt **Milk**

**DESSERT**



Honey cake **Milk Egg Gluten**  
& custard **Milk**

**DESSERT**



Fruit cookie **Gluten**

**DESSERT**



Butterscotch tart  
**Milk Gluten**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

**OR Fruit**

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